

# CROWN CARRIER

MARCH 1986

## LOIS ROBERTS AND LARRY LANNING SELECTED TO REPRESENT CROWN ON FACT-FINDING MISSION TO SOMALIA, EAST AFRICA



**LOIS ROBERTS** has a well-known face at Crown as she delivers orders from Stockroom to all offices and both plants. June marks Lois's 17th anniversary as a Crown employee. Her interest in and concern for others makes her a natural choice for this very special trip.

Her interest in other cultures is evident in her travels. She took a tour to Europe in 1984 and has also spent vacations in Iran, Greece, and Hawaii, as well as traveling to much of the U.S. with her husband.

Lois hopes to take pictures and to talk to people and learn about their life-style and be able to explain their need.

**LARRY LANNING** also cares about people and has felt a desire to work in the mission field or Peace Corps. He was a Chaplin Service Specialist in the U.S. Air Force and sees this as a way he can serve God and mankind.

In the 2 1/2 years he has worked at Crown Larry has become a valuable part of the Board Room/Paint Line team, liked and respected by his co-workers.

Lois and Larry will depart May 2, flying to Chicago, Amsterdam and Nairobi, arriving in Mogadishu, Somalia May 4. Eloise and Myron Sommers of the Mennonite Central Committee will be their guides. They return May 17th.

The CROWN CRIER is the monthly newsletter of CROWN INTERNATIONAL, Inc., 1718 W. Mishawaka Road, Elkhart, IN.

**DEADLINE FOR NEXT ISSUE - MAR. 26**

EDITOR.....Libby Marshall  
FLIGHT PLAN ON FILE .....Ron Harner  
PUZZLE POWER.....June Kulp  
VITAL STATISTICS.....Chip Estep  
BIRTHDAYS/MILESTONES..Shelda Jensen  
PERSONNEL PARAPHERNALIA  
SPECIAL CONTRIBUTION....Jim Beattie  
BABY FACE.....Toni Myers  
EMPLOYEE COMMITTEE REPORT.....  
..... Dave Juday  
SPORTS SHORTS.....Rick Secor  
KALORIE KORNER.....Kathleen Stout  
NEW EMPLOYEE PROFILES.Shelda Jensen  
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.....Sherri Miller  
.....Kathy Gordon  
TYPESETTING.....Sheryl Gingerich

\*\*\*\*\*



## editorial

We, at Crown sell several million dollars of products outside the United States every year. We recognize and appreciate this support from the world community.

When the news media presented the severe famine in North Africa, Crown and its employees gave \$3000 to help send food. Interest was high as to what else we could do. Famine and its results don't last just one year. With the bias of the news media toward Ethiopia, we decided to send two employees to an area in Africa other than Ethiopia to see and experience the devastation of famine on families and individuals.

After contacting a number of food distribution agencies, we were finally welcomed by the Mennonite Central Committee. They sponsor relief programs worldwide and have been working around in several areas of the the Sahara Desert famine area. The MCC offered to develop a personalized tour that would meet our objectives.

From the candidates that applied, Lois Roberts and Larry Lanning were selected to be our eyes and our ears. They will report back to us at Crown, what they saw, what they heard and especially what they felt. Our follow up response can then be based on their first hand information and our response will be more appropriate to the real need.

Let's pray that God will give them safety and health on their trip, and that we, in turn, will be prepared to respond and act on the information with which they return.

- Clyde W. Moore

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## flight plan on file

Dear Crown Employees,

I want to thank you for the Extra Special Exit party. The Cake, Ice-Cream, Homemade Pies, Cards, Notes, Gifts, all made me realize how much you really care. "YOU ARE SPECIAL PEOPLE". I would like to leave with you a story which has meant a lot to me. It is entitled, "Listening and Obeying".

Lots of flying stories start: "I'll never forget the time I was at 10,000 ft. and...I"

But really, I won't.

I was at 10,000 ft. on my way to Minneapolis on an instrument flight clearance when... But, let me back up.

Before takeoff on an instrument flight the pilot must have a clearance. That's the pilot's flight plan, approved, put into the computer, and issued by the air Traffic Controller to confirm that everybody in the system knows, and understands just what the pilot plans to do. Once the pilot accepts his clearance he must obey it.

Now back to 10,000 feet on my way to Minneapolis. About 120 miles out the controller gave me an amended clearance to a different airway for reasons of traffic flow. Ten to fifteen minutes later I made what could have been a fatal error. When I crossed the navigation fix identifying the new route, I totally forgot to change to the new clearance and proceeded blithely up the wrong airway - the one I'd originally requested. For twenty miles or so I followed the wrong track before the Controller (watching my boo-boo on his radar screen) asked my heading, (his genteel way of asking where I was going!) All of a sudden I came to. I was going the wrong way on a one way street! I hadn't obeyed my clearance. It could have been a fatal mistake, but the controller was watching and directed me out of danger.

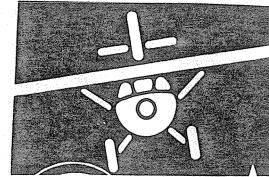
I find my Christian life is a lot like that. The Lord will keep me on course in clear airspace if I Listen and Obey His Instructions.

One of God's earlier fliers affirmed it when he told the whole world: "Lord, you will show me the path of life. You chart the path ahead of me, and tell me where to stop and rest. Every moment you know where I am. You know what I'm going to say before I say it. You both precede and follow me, and place your hand of blessing on my head. This is too glorious, too wonderful to believe." (Psalm 139:3-6 LB)

I'm in the Psalmists Camp. Years ago when I filed my flight plan with the Master Controller, He gave me a clearance to my requested destination with the route spelled out and a map and all the navigation fixes I would need. That was God's promise when He cleared me for takeoff!

But once in the air, I have the responsibility to fly right. If I reject His plan for my life and His control, I'll be nothing more than an accident headed for a place to happen. He will vector me around the Thunderstorms, and make sure I miss the Mountains and bring me out on course and right side up as long as I'm willing to follow His instructions. The consequences of anything less are too terrible to contemplate.

May the Lord Bless each of you as you file your flight plan with the Master Controller. If perhaps you haven't taken time to file a flight plan with the Lord I would encourage you to do so. I have Never regretted doing so, and now I'm cleared for takeoff - under His Control.



- Ron Harner

# Easter

Easter is a time for joy,  
A time when all the earth is new;  
A season when our thoughts reach out  
To those whose friendships have been true.

Easter is a time for faith  
That peace will someday rule the earth;  
A faith that is well fortified,  
As barren lands portray rebirth.

Easter is a time for praise,  
Since everything on earth gives hope  
That resurrection can be ours  
Beyond this earthly lifetime scope.

Beatrice Branch



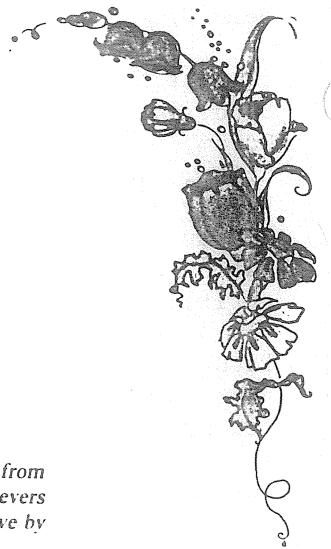
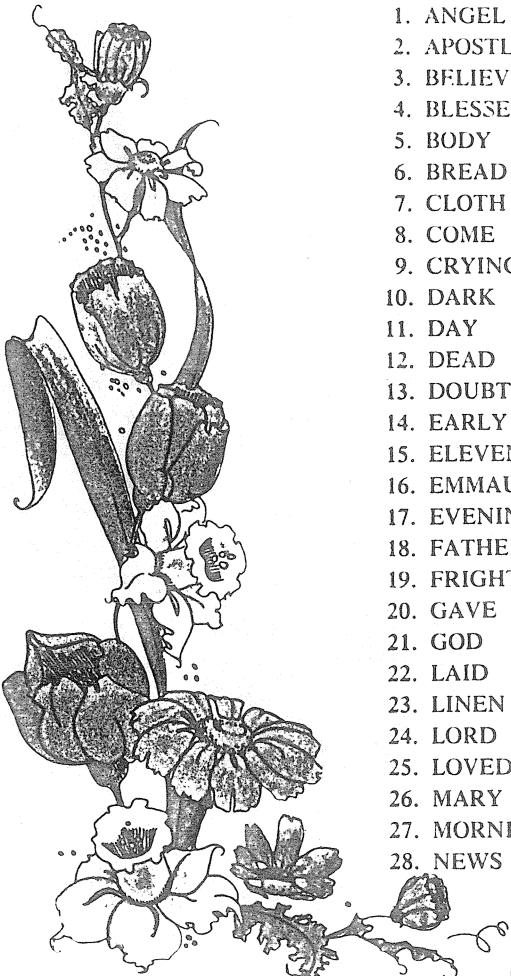
1. ANGEL
2. APOSTLES
3. BELIEVE
4. BLESSED
5. BODY
6. BREAD
7. CLOTH
8. COME
9. CRYING
10. DARK
11. DAY
12. DEAD
13. DOUBT
14. EARLY
15. ELEVEN
16. EMMAUS
17. EVENING
18. FATHER
19. FRIGHT
20. GAVE
21. GOD
22. LAID
23. LINEN
24. LORD
25. LOVED
26. MARY
27. MORNING
28. NEWS

## puzzle power

### THE RESURRECTION

*Jesus Christ, the only religious leader who rose from the dead, foretold his resurrection. But unbelievers refused to accept it, though He was seen alive by hundreds of people.*

L	A	I	D	Y	D	O	B	F	R	I	G	H	T	B
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G	N	A	G	V	O	I	O	X	W	R	Z	E	O	E
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A	W	A	S	E	M	O	C	A	P	U	E	M	L	K
E	V	E	I	L	E	B	D	O	T	N	N	A	I	R
C	E	T	G	B	W	B	D	P	N	L	P	U	N	A
R	O	G	N	L	B	A	I	O	U	O	G	S	E	D
Y	S	N	S	E	Y	R	S	W	S	V	U	K	N	C
I	T	I	G	S	C	K	C	T	P	E	N	N	A	M
N	O	N	A	S	L	P	L	H	I	D	E	A	D	L
G	N	E	V	E	L	E	O	O	C	E	S	H	R	L
M	E	V	E	D	S	A	T	M	E	Y	I	T	O	E
S	W	E	V	B	D	C	H	A	S	I	R	P	L	T
L	S	M	P	E	T	E	R	S	F	A	T	H	E	R
29.	PEACE	38.	SPICES											
30.	PETER	39.	STONE											
31.	RABBONI	40.	TELL											
32.	RISEN	41.	THANKS											
33.	SAW	42.	THOMAS											
34.	SCRIPTURES	43.	WEEK											
35.	SIGNS	44.	WEPT											
36.	SIR	45.	WOMEN											



## vital statistics

NAME: JIM BRADEN

BIRTHDAY: February 26, 1949

BIRTHPLACE: Long Beach, CA

DEPARTMENT/ POSITION: QA Supervisor

CURRENT HOME: 2646 Morton Ave., Elkhart

MARITAL STATUS: Very married.

CHILDREN: One on the way!

PROJECTS WORKING ON: My house; repairs and remodeling; building speakers and a D-75.

FIRST JOB: Racing horses.

FAVORITE BOOK: Bible; (Louis L'Amour westerns, also)

FAVORITE FOOD: Anything my wife cooks.

FAVORITE PERFORMER: New York Philharmonic

FAVORITE TELEVISION SHOW: M\*A\*S\*H

HOBBIES AND INTERESTS: Hunting, fishing, camping, Bible Study

FAVORITE CHILDHOOD MEMORY: I don't have one.

PERSONAL HEROES: The apostle Paul and Joshua.

EVERY NEW YEAR'S I RESOLVE: I don't!

NOBODY KNOWS I: Have a secret nobody knows.

MY WEAKNESS IS: Debate - I love to discuss the Bible!

THE BEST JOB IN THE WORLD: Doing what the Lord says when he says it!

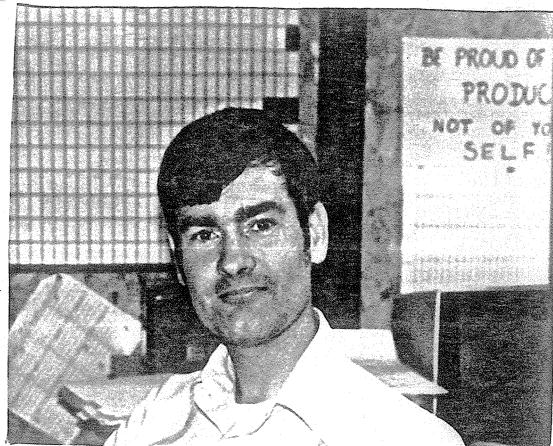
IF I WERE GOING TO THE MOON, I'D TAKE: My wife.

THE ONE THING I CAN'T STAND IN PEOPLE: Situation ethics and vacillation.

THE WORST TIME OF MY LIFE: Being rejected by someone.

THE BEST TIME OF MY LIFE: Meeting the Lord Jesus Christ.

IF I'VE LEARNED ANYTHING IN LIFE, IT'S: Life is not gray areas - it is a pattern of distinct blacks and whites clearly defined in the Bible.



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# milestones

## MARCH ANNIVERSARIES

Max Scholfield	28 years
Nina Pease	21 years
Dave McLaughlin	16 years
Shirley Searer	15 years
Cheryl Crow	15 years
Jim Marks	15 years
Alyce Ryckeart	10 years
Doris Howard	5 years
Helen Blackwood	5 years
Larry Shallenberger	4 years
Clay Barclay	4 years
Jim Braden	3 years
Wendy Murphy	3 years
Rox Ann Hart	2 years
Randy Secor	2 years
Mike Moon	1 year
Greg Neff	1 year
Patrick Trafny	1 year
Mike Peli	1 year
Walter James	1 year
Dennis Chamberlain	1 year

## THE LAMB

Little Lamb, who made thee?  
Dost thou know who made thee;  
Gave thee life and bid thee feed  
By the stream and o'er the mead;  
Gave thee clothing of delight,  
Softest clothing, woolly, bright;  
Gave thee such a tender voice  
Making all the vales rejoice?

Little Lamb, who made thee?  
Dost thou know who made thee?

Little Lamb, I'll tell thee,  
Little Lamb, I'll tell thee;  
He is called by thy name,  
For He calls Himself a Lamb.  
He is meek and He is mild;  
He became a little child.  
I a child and thou a lamb,  
We are called by His name.  
Little Lamb, God bless thee.  
Little Lamb, God bless thee.

- William Blake

## birthdays

### MARCH

1	Dave Garman
2	Preskel Gayheart
4	Mark Bradley
5	Vickie Fletcher
5	Sharon Haney
5	Deb Ryman
8	Terry Gaskill
8	Bev Smeltzer
10	Cheryl Deak
10	Robert Irvine
11	Mary Chupp
12	Jill Graber
14	John Harris
14	Jeff Hartzler
14	Kim Laffoon
15	Larry Dennison
16	Edith Poe
17	Pam Hamood
18	Jim Bumgardner
18	Tom Pettifor
18	Eric Stuber
19	Clara Weldy
21	Jim Putz
21	Kathleen Stout
22	Aaron Carpenter
23	Steve Thies
24	Barbara McIntosh
25	John Brosius
26	Wayne Blakesly
28	Janice Rodgers
29	Don Florea
29	Phyllis Gates
29	Kelly Guin
29	Martha Pritchard
29	Lynn Scholfield
30	Angela Johnston
30	Geneva Miller
30	Vicki Stringer
31	Mary Smith



## personnel paraphernalia

### FEB./MAR. BIRTHDAYS ARE WORTH NOTING!

It seems that some of our favorite people have reached the other side of the hill, or soon will. Yes, it's #30!

We wish "Many More!" to:

CAROLYN LANDIS

JIM PUTZ

TERRY GASKILL

KATHY STOUT fondly known as "The Horse"

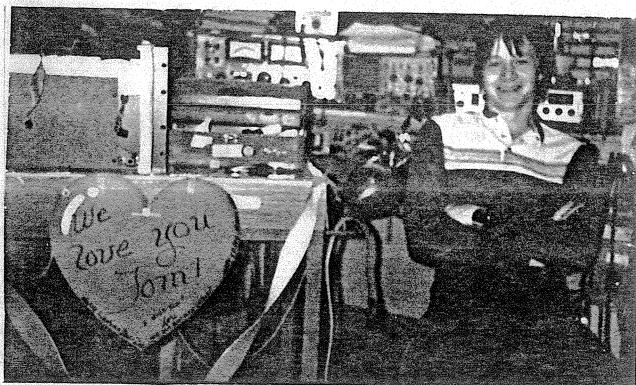
ERIC STUBER

MAX SCHOLFIELD may not be noting his age, but his cake was a work of art! Happy Birthday, Max!



VALENTINE'S DAY CELEBRATIONS were very special. Plants and flowers were delivered throughout the day to lucky employees from their loved ones.

Everybody on Line 6 loves TOM MALINOFF! This was all that was left of their show of affection!



RISA WRIGHT and helpers Jan Smith and Phyllis Gates treated the front office ladies to a bit of elegance and yummy dessert. PATTI SMITH receives the first serving.



Then this long g g g black limousine pulled up in front to pick up VICKI STRINGER. The chauffeur opened the door for her; Jimmy was waiting inside. (Continued on the next page.)

## personnel paraphernalia

WHOOPS! Couldn't get in that side-chilled champagne and two empty glasses were waiting on the seat! After that it was dinner at the Emporium and a lovely evening. It was coincidental that the chauffeur was a member of Vicki's parents' wedding party.

**CONGRATULATIONS ON YOUR ENGAGEMENT!**

*CO*



### WILLIAMS-PETTIFOR

Announcement is made of the engagement of Mary Alice Williams and Donald Allen Pettifor. She is the daughter of Dolores Williams, 1001 E. Indiana Ave., and William G. Williams, 501 W. Indiana Ave. His parents are Mr. and Mrs. Dean Pettifor, 62270 C.R. 11, Goshen.

Miss Williams and her fiance are employed by Crown International. She is a graduate of Memorial High School and he, of NorthWood High School. He is attending Indiana Vocational Technical College in South Bend, majoring in communications electronics.

The wedding is to be July 26 in Bethany Missionary Church.

*CO*

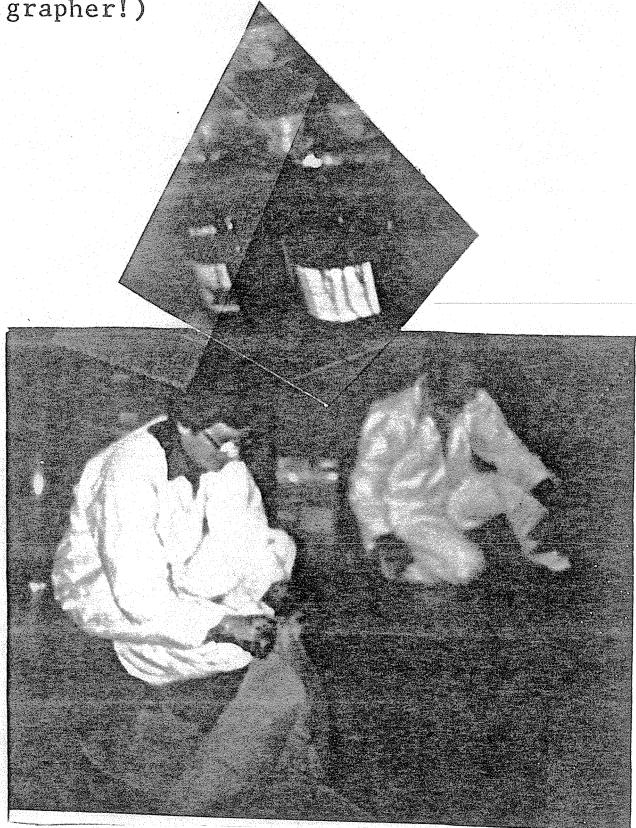
### BEST WISHES TO PAMM AND JOE JANOWIAK!

They were married Saturday, February 22, 1986. Pamm (Malone) is CAD/CAM Supervisor.

The girl in the white suit hiding from the photographer is ANNETTE FREEMAN. What she really wanted was a smock for her solder work on the new SMT (Surface Mount Technology) line behind the Service Dept.



This month's messiest story occurred in the Stockroom. We are not sure just who was responsible, but DAN CRIPE, BILL SWIHART, AND DANNY GRIFFIN all got to clean it up - all 5 gallons of black paint, which was spilled all over the floor. Actually they did a masterful job! (We can't say as much for the photographer!)



## continued...

Speaking of ages those of us looking forward to the "Empty Nest Syndrome" will get a good cry out of this! Thanks a lot Shelda and Ann Landers!

### WET OATMEAL KISSES

The baby is teething. The children are fighting. Your husband just called and said, "Eat dinner without me."

One of these days you'll explode and shout to the kids, "Why don't you grow up and act your age?" And they will.

Or: "You guys get outside and find yourselves something to do. And don't slam the door!" And they don't.

You'll straighten their bedrooms all neat and tidy, toys displayed on the shelf, hangers in the closet, animals caged.

You'll yell, "Now I want it to stay this way!" And it will.

You will prepare a perfect dinner with a salad that hasn't had all the olives picked out and a cake with no finger traces in the icing and you'll say, "Now THIS is a meal for company" And you will eat it alone.

You'll yell, "I want complete privacy on the phone. No screaming. Do you hear me?" And no one will answer.

No more plastic tablecloths stained with spaghetti. No more dandelion bouquets. No more iron-on patches. No more wet, knotted shoelaces, muddy boots or rubber bands for ponytails.

Imagine. a lipstick with a point. No babysitter for New Year's Eve, washing clothes only once a week, no PTA meetings or silly school plays where your child is a tree. No car pools, blaring stereos or forgotten lunch money.

No more Christmas presents made of library paste and toothpicks. No wet oatmeal kisses. No more tooth fairy. No more giggles in the dark, scraped

knees to kiss or sticky fingers to clean. Only a voice asking; "Why don't you grow up?"

And the silence echoes, "I did."

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## special contribution

### THE 23RD CHANNEL

The TV is my shepherd. My spiritual growth shall want. It maketh me to sit down and do nothing for His name's sake, because it requireth all my spare time. It keepeth me from doing my duty as a Christian because it presenteth so many good shows that I must see.

It restoreth my knowledge of the things of the world and keepeth me from the study of God's word. It leadeth me in the paths of failing to attend the evening church services and doing nothing for the Kingdom of God.

Yet, though I shall live to be a hundred, I shall keep viewing my TV as long as it will work, for it is my closest friend. Its sounds and its pictures they comfort me.

It presenteth entertainment before me and keepeth me from doing important things with my family. It fills my head with ideas which differ from those in the word of God.

Surely no good thing will come of my life because of so many wasted hours, and I shall dwell in my remorse and regrets forever.

- Read at Assembly, 3/3/86, by Jim Beattie, Gen. Sales Mgr.

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□ □ □

Late night TV is truly educational. It teaches us that we should go to bed earlier.

□ □ □

continued ...

ANNOUNCING -

*There's been  
a new arrival--  
A wonderful bundle  
of joy!*

Name "Celebrity"  
Date Feb. 25-1986  
Weight 1/6 - '84 Chevy 4Dr.  
Born To Margaret C. Thompson  
Color SLiver  
Access. Air - AM-FM Radio-Cruise C.  
Front Wheel Drive

It couldn't happen to a nicer lady! Anybody who drives their faithful Olds to over 200,000 miles must give lots of TLC! HAPPY DRIVING, MARGARET!

Since Crown doesn't have any "Foremen" we thought we could slip in this contribution. Any resemblance to an actual person is purely coincidental!

#### MY FRIEND, THE FOREMAN

*I know the foreman is  
my friend,  
Because he tells me so.  
He'll always lend a helping  
hand,  
To make my paycheck  
grow.  
He'll pick me up when I  
feel blue,  
And ease my daily chore.  
A winning smile, a pleasant  
word,  
He'll back me to the core.  
My welfare is his main  
concern,  
He worries constantly.  
Two men? White coats?  
Are here, you say?  
Good gosh? They're after  
me!*

GENEVA MILLER, Customer Service Secr.,  
Before -



And After -

BRACES!



BRENT'S FABLE: "Sheila, where are you going?"

"I am going to tell Max the sky is falling!" So Sheila and Henny Penny ran until they came to Foxy Loxy.

"Foxy Loxy, the sky is falling and we are going to tell Max!"

"Oh Sheila, just put on the hard hat Brent gave you, until he finishes making holes in the walls and stop raising the roof... er r r the ceiling, that is!"

## baby face

THESE BEAUTIFUL YOUNG LADIES ARE RELATED BUT LINES APART AT CROWN!



## employee committee report

Month of FEBRUARY, 1986

Balance as of 1-22-86..... \$ 2703.08\*

### Income (Receipts):

- BERTSCH ..... \$ 346.11

- Holiday Roller Rink ..... 37.50

TOTAL RECEIPTS ..... + \$ 383.61

TOTAL TO ACCOUNT FOR: ..... \$ 3086.69

### Expenditures:

- Baby Gifts \$ 52.85

- Ping Pong balls \$ 8.67

- Flowers \$ 106.05

- Cake & Ice Cream \$ 220.85

TOTAL EXPENDITURES ..... - \$ 388.42

BALANCE (IN CHIPHONE\*) AS OF 1-22-86..... \$ 2698.27

\*Regular Shares + Share Draft.

### NEW OFFICERS AND MEMBERS FOR 1986:

CHIP ESTEP - PRESIDENT MARY MILLER - VICE PRESIDENT

RANDY SECOR - SECRETARY DAVE JUDAY - TREASURER

GRETCHEN NEELY - HOSPITALITY CHAIRMAN

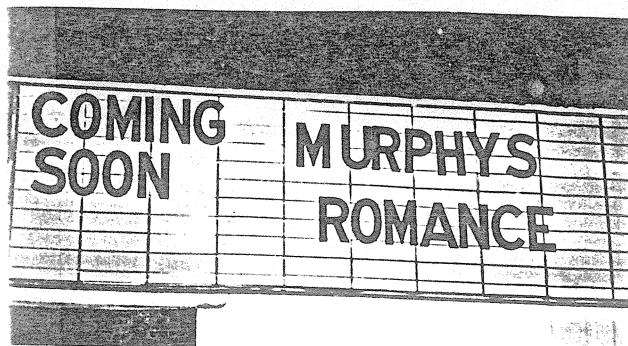
### COMING EVENTS:

ROLLER SKATING PARTY - Monday, April 7, 1986 - 6:30 - 9:00 PM  
Holiday Skate Center, 28736 Co. Rd. 20  
\$1.00 for Skate Rental. First fifty admitted free; 51+ \$.75.

"Ya'll Come!"

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## caption contest



- "After 7 years of marriage - it's about time!"

- "Does her husband know?"

- "Another sad story!"

(Contributors names withheld by request!)

## winding your weigh down

**\*CORRECTION:** The "Diet Classes" announced in last month's CRIER are more than that! "Nutrition Classes" is preferred, but the official title is "Winding your Weigh Down". Connie Lehman of Elkart General Hospital is conducting the class and, we have noticed, giving time for those after-class questions and personal tips.

We have also noticed the interest and excitement generated, and have included some comments heard from participants:

"I like it because we are not told what we can and can't eat, but rather we are finding out what various foods do for us. We can make substitutions and adjustments in daily diet and still lose weight."

"It's not just losing weight, but how to be healthy."

"I am having trouble with exercise, but know it's necessary to lose weight and keep it off."

"You need aerobic exercise for healthy heart and lungs, and not just for losing weight."

"Don't throw that box away; I want to copy the information (contents and nutritional value)!", was heard at lunch.

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### ANNOUNCEMENTS:

(Hopefully a "stress reducer"!)

From March 31 through May 2, the first lunch break will be from 11:40 AM - 12:20 PM. This is a trial period to see if this will reduce congestion in the hallway by the vending machines before the second lunch period begins at 12:00 PM. (continues until 1:00 PM as usual.)

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NEW CHIPHONE HOURS are proving to be a help to night shift workers and are helping to relieve some of the congestion at lunch time on Thursday. As the word spreads we expect to see more use by families with a variety of needs.

Located in the Service Entrance Lobby at the East front corner of the building, they will be in business these hours and days:

Mondays - 11:30 AM to 4:30 PM

Thursdays - 11:30 AM to 4:30 PM

Fridays - 9:00 AM to 4:30 PM

They want to provide the services you need, so don't hesitate to make suggestions or ask questions.

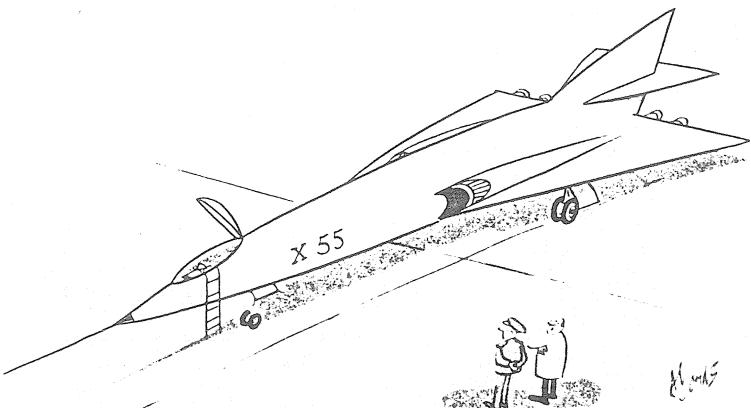
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### classifieds

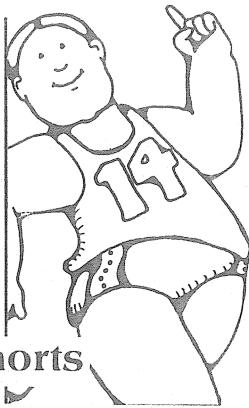
THE CRIER NEEDS A PHOTOGRAPHER to take those occasional candid shots of employees in action (or monkey business, whatever the case may be!) HELP! LM

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BABY FACES: Auntie Doris Howard (Line 3) and niece, Marcia Gall (Line 7)



"SIT FAST? WELL, IT LANDED YESTERDAY AND THE SOUND HASN'T GOT HERE YET"



## sports shorts

CROWN'S BASKETBALL TEAM as of 2-21-86, has a 5-6 record overall with a 2-2 since last report. They lost to Lemaster Steel 1/27 with a score of 59-48 and Kim Curry as high scorer with 17 points.

Mid-States won the 1/30 game 66-63; again Kim Curry was high scorer for Crown with 22 points.

Crown defeated Miles 2/4, 64-63 and Kim Curry lead scoring with 15 points.

Crown also defeated CTS 2/12, 49-48 with Aaron Carpenter putting in 26 points worth.

With these close scores these have got to be exciting games! CROWN SPECTATORS WELCOME!!

Games remaining:

TUE. MAR. 4 8:30 PM PIERRE MORAN WEST  
MON. MAR. 10 7:15 PM WEST SIDE WEST  
THR. MAR. 13 7:15 PM PMW

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## caption contest



## GOOD NEWS BEARS

VS.

## ELKHART FIREFIGHTERS

FRIDAY, APRIL 25, 1986  
7:30 PM, NORTHSIDE GYM

Nine players from the Super Bowl Championship Chicago Bears football team will play our local heroes! You won't want to miss it!

Proceeds from ticket sales go towards:

- 1) MDA (Muscular Dystrophy Association)
- 2) Loveway Projects
- 3) Firefighters Benevolent Fund
- 4) Other charities including FOP (Fraternal Order of Police) Little League.

Tickets available starting March 25th at

- 1) Central Fire Station, Waterfall Dr.
- 2) Simonton Lake Video
- 3) All Midwest Commerce Bank Branches

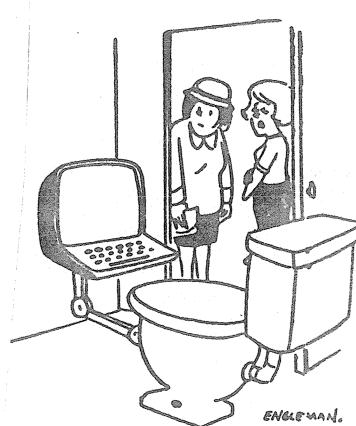
Adults - \$7.50

Children - \$3.00  
(thru 12th grade)

### Possible Players:

*William Perry	*Jim McMahon
*Gary Fencik	*Walter Payton

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"Most people read in the bathroom. George is different."

## read all about it!

THE MAYO CLINIC HEALTH LETTER is a new monthly publication with "Reliable Information for a Healthier Life". The CRIER office has received two issues to date, which are available for borrowing. We will list the subjects covered in each issue. At this point there is a great variety of topics, some common and some rare. However, they are all illustrated and written for the lay reader in clear and concise language.

A typical article is this one from the March issue about a new treatment for hay fever. "If you suffer from hay fever, here is good news" discusses a new drug called terfenadine (the trade name is Seldane). For adolescents and adults only, this drug clears the itchy, runny nose symptoms of hay fever as well as older medications, with less drowsiness. It is expensive - one month's supply (60 mg twice daily) will cost from \$29 to \$35 in most pharmacies. In contrast, a month's supply of one standard, older antihistamine (chlorpheniramine, 4 mg three times daily) costs from \$2 to \$3 when dispensed as a generic preparation.

Astemizole another new antihistamine, is not yet available for treatment of hay fever in America, but soon may be.

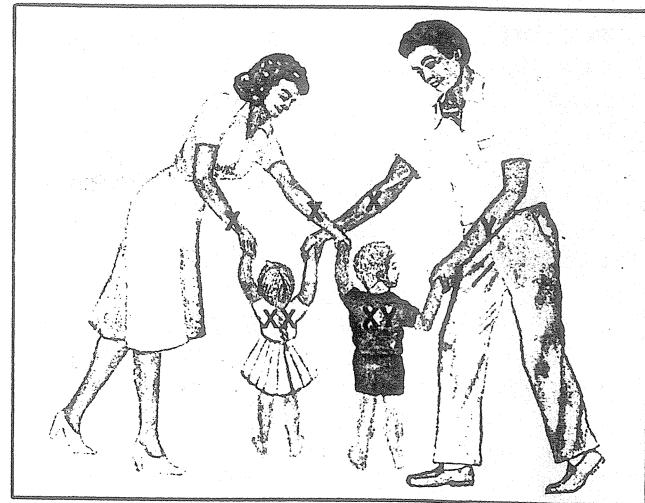
Neither medication is approved for children in the U.S. and should not be used during pregnancy or by women who are breast-feeding infants.

### Other March articles are:

- Use natural food to increase the fiber content of your diet.
- Most often, shingles is just a nuisance; but it can be painful and even life-threatening.
- More on Peyronie's disease.
- Follow these guidelines to see how a hearing aid might help you.
- Easter egg reminder.
- What are your odds of surviving cancer?

In the February issue are these articles:

- The symptoms of Bell's palsy can be frightening, but the outcome usually is favorable."
- Today, science can help you choose the sex of your child. But are we going too far, too fast?



The combination of chromosomes decides the sex of a child. The mother's egg carries only an X chromosome, but each of the father's sperm carries either an X or a Y chromosome. When the father's X fertilizes the mother's X, a girl results. When the father's Y fertilizes the mother's X, a son is produced. Technology now makes it possible to separate X- and Y-containing sperm and develop a concentrate of each. Couples who want a child of one sex or the other can have the concentrate artificially inseminated into the woman's uterus. Nature's odds for a child of either sex are about 50:50. This method increases the chance to roughly 75 percent.

- Is surgery more risky when performed on elderly people?
- If you have diabetes, be sure to have your eyes examined annually by an ophthalmologist.
- Now, severe acne can be treated effectively.

SEE LIBBY IF YOU WOULD LIKE TO BORROW ANY OF THESE NEWS LETTERS.

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## kalorie korner

### CORN SPOON BREAD

1 (1b.) can creamed corn  
4 eggs, slightly beaten  
1 C. melted butter or oleo  
2 pkg. Jiffy corn meal muffin mix  
1 can whole kernel corn, drained  
1 pt. sour cream or IMO  
1-2 small cans chopped green chillies,  
depending on how hot you want it!

Put all ingredients in large bowl and mix very well. Grease 9 X 13" pan. Bake at 350° for 45 minutes to an hour or when knife inserted in center comes out clean. You may also bake in large 3-4 qt. casserole, but baking takes much longer. Delicious when used in place of potatoes. Serves 8.

### CHILI RELLENOS

1 C. chopped green chilies  
1 lb. Monterey cheese  
1 lb. Cheddar cheese  
4 egg whites, beaten stiff  
4 egg yolks  
1 Tbsp. flour  
2/3 can milk  
salt and pepper

Put grated cheeses in baking dish. Mix all other ingredients and pour over cheeses. Bake 1 hour at 350°. Serves 6.

### REFRIED BEANS

4 C. water  
1 lb. dried pinto beans  
1 medium onion, chopped  
1/2 C. margarine  
1 1/2 tsp. salt  
1/2 C. shredded cheddar cheese  
Mix water, beans and onion in sauce pan. Cover and heat to boiling; boil 2 minutes. Remove from heat; let stand 1 hour. Add just enough water to beans to cover. Heat to boiling; reduce heat. Cover and boil gently, stirring occasionally, until beans are very tender, about 1 1/2 hours. (Add water during cooking, if necessary.) Mash beans. Stir in margarine and salt until margarine is absorbed. Stir in cheese.

### REUBEN SANDWICH FILLING

1 - 12 oz. can corned beef, chopped  
8 oz. shredded swiss cheese  
1 16 oz. can sauerkraut, drained  
3/4 C. mayonnaise or salad dressing  
3 Tbsp. chile sauce or taco sauce  
Rye bread and butter  
Combined corn beef, cheese, sauerkraut, dressing and sauce. Cover and store in refrigerator.

To serve, spread filling between bread slices. Butter outside of bread and grill.

### APPLE DANISH

3 C. flour  
1/2 tsp. salt  
1 C. vegetable shortening  
1/2 C. milk  
1 egg yolk, beaten

Mix flour and salt; cut in shortening. Combine milk and egg yolk; add to flour mixture. Roll out half the mixture on floured surface to fit 11 X 16 X 1/2" jelly roll pan; place in pan.

#### FILLING:

6 C. peeled sliced apples  
1 1/2 C. sugar  
2 Tbsp. flour  
1 tsp. cinnamon  
1/4 C. butter or margarine  
1 egg white, slightly beaten

Arrange apples on crust. Combine sugar, flour and cinnamon; sprinkle over apples. Dot with butter. roll out remaining pastry; place over cinnamon mixture. Brush pastry with egg white. Bake at 375° for 45 minutes.

#### GLAZE:

1 1/2 C. conf. sugar  
1/8 tsp. salt  
1 tsp. vanilla  
2-3 Tbsp. milk

Mix all ingredients; spread on warm Apple Danish.

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## new employee profiles

NAME: Helen Moran

BIRTHDAY: January 4

DEPARTMENT: Modules

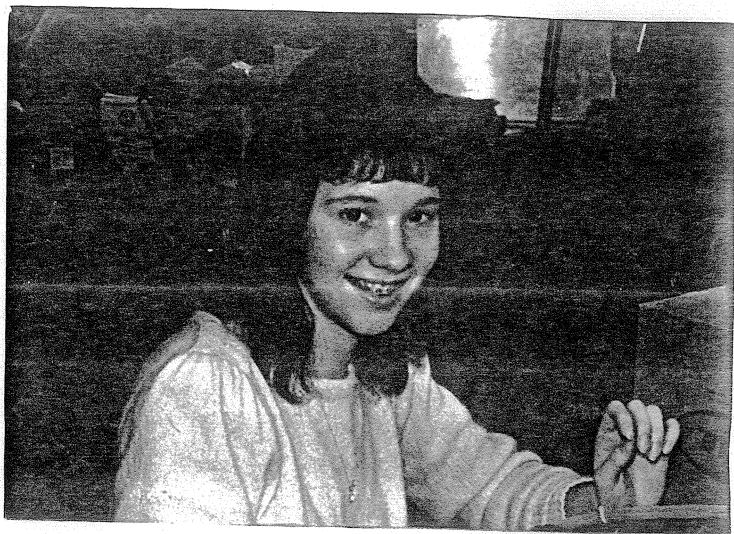
POSITION: Assembler

HOBBIES & INTERESTS: Sports, outdoor activities, and people.

AMBITIONS OR GOALS FOR THE FUTURE:

To be the best I can in whatever I am doing.

HEARD OF CROWN THROUGH: Dan Lutz



NAME: Debra Wise

BIRTHDAY: February 18

DEPARTMENT: Line 7

POSITION: Assembler

HOBBIES & INTERESTS: Sewing, reading, house decorating, riding bikes, spending time with my daughter.

AMBITIONS OR GOALS FOR THE FUTURE:

To have a good job and be a better parent.

HEARD OF CROWN THROUGH: Brenda Roberts, Jody Wade, Lynn Wise



NAME: Joseph Maguire

BIRTHDAY: April 13

DEPARTMENT: Engineering

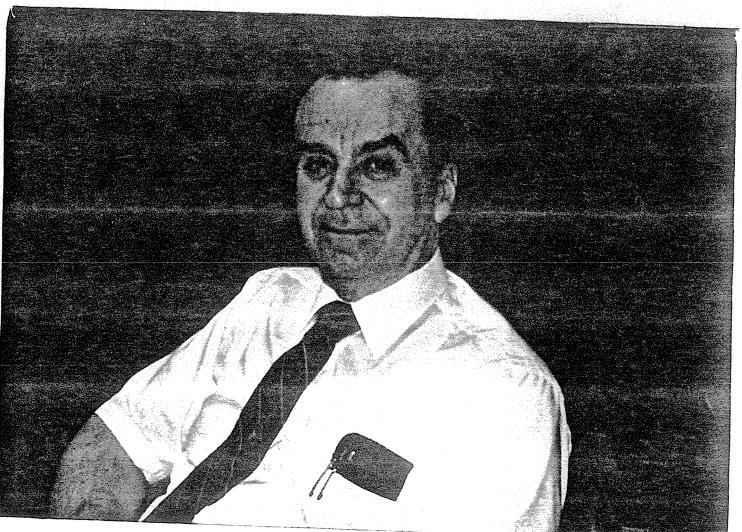
POSITION: Project Engineer

HOBBIES & INTERESTS: Bird watching, real estate

AMBITIONS OR GOALS FOR THE FUTURE:

Tour the USA and Ireland.

HEARD OF CROWN THROUGH: Employment agency



NAME: Teresa Farren

BIRTHDAY: December 24

DEPARTMENT: Modules

POSITION: Assembler

AMBITIONS OR GOALS FOR THE FUTURE:  
Buying a house and getting married.

HEARD OF CROWN THROUGH: A friend



NAME: Jo Shreiner

BIRTHDAY: August 12

DEPARTMENT: Modules

POSITION: Assembler

HOBBIES & INTERESTS: Music, volleyball, counted cross-stitch, and youth activities at church.

AMBITIONS OR GOALS FOR THE FUTURE: To someday get back into mission work.

HEARD OF CROWN THROUGH: Referred here.



NAME: Jeff Bender

BIRTHDAY: October 21

DEPARTMENT: Line 7

POSITION: Prep - packer

HOBBIES & INTERESTS: Basketball, tennis, stringart

AMBITIONS OR GOALS FOR THE FUTURE: To be the best husband and parent that I can be.

HEARD OF CROWN THROUGH: Helen Blackwood



NAME: Steven Nelson

BIRTHDAY: January 28

DEPARTMENT: Paint Line

POSITION: Painter

HOBBIES & INTERESTS: Swimming, softball, basketball, hunting, fishing

AMBITIONS OR GOALS FOR THE FUTURE:  
To be successful in my job.

HEARD OF CROWN THROUGH: Others working here



NAME: Larry Metzger

BIRTHDAY: July 20

DEPARTMENT: Specialty - Line 1

POSITION: Technician

HOBBIES & INTERESTS: Reading, outdoors activities, wilderness living, active in Masonic Lodge

AMBITIONS OR GOALS FOR THE FUTURE:  
Maintain and ensure my personal happiness

HEARD OF CROWN THROUGH: Went to school with some current employees

