

# CROWN CRIER

FEBRUARY 1987

## baby face



Ed.: This book was published a year ago and we waited until Christmas so the review would be more timely. Unfortunately it was overlooked when the time came to publish the December CRIER. Now is the time!

### CHRISTMAS COMES TO SHADOWVILLE

By Ray Minix

Illus. by Joy Frailey  
Pub. by Heart City  
Pub. Inc., Elkhart '85



Drew Frailey, Crown's former QA Supervisor, proudly showed this book to us because it is the first published book for the illustrator, his wife, Joy Henderson Frailey.

CHRISTMAS COMES TO SHADOWVILLE is particularly appealing with its brightly colored pictures, large 9 X 12 size, and

story in rhyme. The illustrations are filled with warm, homey detail which evokes the best of Christmas memories and snowy winters.

The fact is the people of Shadowville are sad as usual on Christmas Eve, because Santa had never come there. It seems the city was hidden in the shadow of Mt. Teeter. A town meeting was called to discuss the problem but ideas for drawing attention to Shadowville were discarded almost as fast as they were mentioned. They finally listened to Christopher and decided to try his plan.

It was a lot of work creating the giant mirror Christopher suggested, but it was finished. They lit the five hundred lights on the 40 foot high Christmas tree in the town square, and then they were ready for Santa. Would he come?



Especially fun for Crown readers, are the familiar faces of the townsfolk pictured throughout the book. Kim and Darla Curry appear as the Postman and town Librarian, husband Drew is seen strumming his guitar and you may spot others. That is no accident, since Joy used them as models.

These realistic and detailed illustrations give the observer a feast of "goodies" for the eye.

The CROWN CRIER is the monthly newsletter of CROWN INTERNATIONAL, INC. 1718 W. Mishawaka Road, Elkhart, IN

**THE NEXT ISSUE WILL BE MARCH, 1987.**

**DEADLINE FOR CONTRIBUTIONS, FEB. 27.**

EDITOR.....Libby Marshall  
BABY FACE.....Risa Wright  
CONTRIBUTORS.....  
.....Brahma Nand  
.....Margaret Eaton  
.....Larry Lanning  
.....Phyllis Gates

**NEW EMPLOYEE PROFILES**

VITAL STATISTICS.....Chip Estep  
EMPLOYEE COMMITTEE.....Dave Juday  
KALORIE KORNER.....Kathy Stout  
TYPESETTING.....Sheryl Gingerich  
PUBLISHING.....Margaret Eaton  
TECHNICAL ASSISTANCE.....Rox Ann Hart  
DISTRIBUTION.....Carol Laws

**new employee profile**



**BRUCE W. COGSWELL**

BIRTHDAY: 8-21 PAINT LINE/SILKSCREEN  
Bruce answered Crown's ad in the newspaper and got the job! He enjoys woodworking in his leisure time, especially making toys. Bruce is Cubmaster for Pack 794 at Harley Holben School. His immediate goal is to "Keep on workin'!" to provide a good home for his family. Welcome, Bruce!

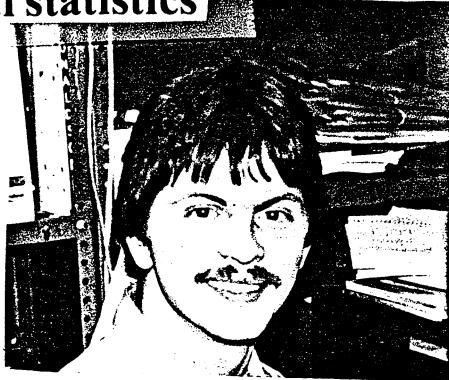
**Feeding  
the  
Birds**

Hang this feeder beside the house,  
And birds from field and stream  
Will warble their magic music  
And serenade your dreams.

Your dawns will be filled with melody,  
From spring into golden fall,  
And even in winter, some bright-eyed friends  
Will pay you a social call.

Dan A. Hoover

**vital statistics**



**EDWARD J. COLLINS III**

Fabricated Products Supervisor

BIRTHDAY: May 8 PLACE: Elkhart  
Married to Jan and proud of son, Edward  
IV and daughter, Lesley Ann, 4 & -1!

PROJECTS: Associate and Bachelors  
degrees in Managing and Administration.

FIRST JOB: Bus-boy at O'Connells

Ed likes adventure books, lobster  
tails, actor-comedian, Bill Murray, and  
TV show "Miami Vice" (and pretty women  
and fast motorcycles!)

HOBBIES & INTERESTS: Computers,  
softball, football, motorcycles, skiing

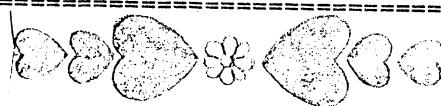
FAVORITE CHILDHOOD MEMORY: Camping out  
in the back field with the neighborhood  
kids.

Ed enjoys traveling and hopes to be  
financially able to go to Africa,  
Europe, and the Far East by the time he  
is 50. He has been to the eastern  
U.S., Canada, California, Texas, and  
Mexico.

CAN'T STAND IN PEOPLE: Poor planning  
Let's hope he never goes to the Moon!

He would take - besides his family,  
computers, & softball team -  
politicians, garbage, lawn mowers,  
rust, good food, TV, motorcycle,  
stereo, good music. Sounds like Earth!

BEST EXPERIENCE: "Enjoying my children  
grow-up."



**Debbie and Gordon** had plenty of love but  
very little money. On Valentine's Day  
they set off together for the nearest  
card shop. There they pored over the  
vast array of valentine sentiments until  
each had located just the right card.  
Gordon handed his to Debbie. Debbie  
handed hers to Gordon. They read the  
cards slowly, delighting in the  
specially-selected messages. Then they  
put the cards back and cheerfully  
strolled out the door.  
SUNSHINE MAGAZINE, Feb. 1987

**BABY FACE: Lois Roberts, Stockroom**

## employee committee report

November, 1986-January, 1987  
Balance as of 10-30-86 \$2277.80  
Income (Receipts):  
- Bertsch \$444.79  
- Interest 35.55  
- Shop. Trip Deposit 60.00  
TOTAL RECEIPTS 540.34  
TOTAL TO ACCOUNT FOR \$2818.14

### Expenditures

- Ice Cream \$ 49.40  
- Baby Gifts 52.41  
- Flowers 236.48  
- Carry-in 38.47  
- Shopping trip 109.00  
- Miscellaneous 175.90  
TOTAL EXPENDITURES -661.66  
BALANCE (In Chiphone\*) 1-31-87 \$2156.48

\*Monies are being directed into Savings and Checking Accounts.

### NEW OFFICERS FOR 1987:

MARY MILLER - PRES. JEFF BENDER, VP  
CAROL LAWS - SEC. DAVE JUDAY, TREAS.  
SUE RAMSBY - HOSPITALITY CHARIMAN

**COMING EVENTS:** Mon., March 30, 1987, 6:30-9:00 PM, Holiday Skate Cntr., 28736 CR 20, Elkhart. First 100 free admittance. Door Prize!

## kalorie korner

### SPINACH PUMPERNICKLE DIP

Mix and let set overnight:  
1 C. sour cream 1 C. Mayonnaise  
1 pkg Knores Vegetable soup mix  
1 can water chestnuts, chopped  
1 bunch green onions, chopped  
1 C. shredded cheese  
1 pkg. fr. chopped spinach, drained

Hollow out 1 large round, unsliced bread - pumpernickle, Hawaiian wheat, or regular Hawaiian. Fill cavity with dip and surround round with chunks of bread (and/or crackers) for dipping.

- Rosetta Smith

### SPINACH SALAD

1 LB. spinach (wash thoroughly)  
1 can bean sprouts or water chestnuts sliced  
3 hard boiled eggs, diced  
1 lb. bacon, fried and crumbled

### Dressing:

1 C. oil 1/3 C. catsup  
1 small onion 1/4 C. vinegar  
1 T. Worcestershire sauce  
3/4 C. sugar  
Blend in blender and mix with salad.  
- Glendora Stealy

## personnel paraphernalia

**BIRTHDAYS ARE SPECIAL** so Line 7 has decided to honor the "Birthday of the Month" and January 10 **BARB CAUFFMAN** had



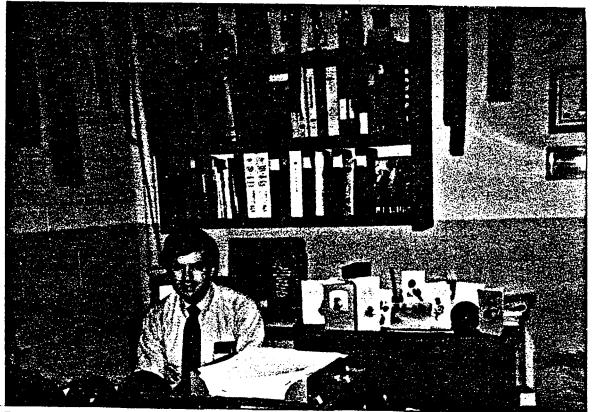
her picture taken in front of the poster. Fortunately she was more photogenic than the poster which would not photograph for us! Lunch at Marks made her day!

**BOB LEININGER'S** day, Feb. 4, began with



(SHEILA COOK waits for the boss!)

a trail of black footprints all the way from the front door to his office. 50+ black balloons greeted him in his gaily (?) decorated (with black streamers) office. The cakes were black and white and one was adorned with tennis court, racquets, and players (Ross, lying down, and Bob). Bob's many followers dressed in black and wore black and white armbands saying things like, "I'm here out of respect for the elderly!" and "Over the hill-still rolling!". He received many witty cards!



## continued...

MC CRAIG HUNTER made an appropriate presentation of health and beauty aids at assembly and the supervisors treated him to lunch at The Great Wall with his wife, Marlene, as guest.

### CONGRATULATIONS TO:

MARILYN & ED BELLows on the birth of their daughter Amanda Colleen, Jan. 27. She weighed in at 8 lbs. and was 21".

DON CURTIS who was recently engaged to Judy Thews of Elkhart.

### WELCOME BACK TO:

PAUL BARNA who had surgery.

KATHY GORDON who hurt her head and neck in a snowmobile accident.



PHYLLIS GATES, Human Resource Facilitator, has distributed a list of books and materials available for borrowing. In addition to Secretarial Handbooks are such things as BIZ, a Bi-Monthly portfolio of practical advice on everything for the business office from Guides to Teleconferencing and parcel express to public speaking and time management.

POSITIONING CORPORATE STAFF FOR THE 1990'S by Cresap, McCormick and Paget and PERFORMANCE APPRAISAL - DESIGN MANUAL are two professional books and HOW TO COOK ON BUDGETED TIME AND MONEY is one of a series of helpful pamphlets.

THE MAYO CLINIC HEALTH LETTER which is posted monthly on the bulletin board has all issues indexed in a notebook. Any materials can be borrowed by signing the enclosed cards and leaving them with Phyllis. Suggestions welcome!



"Do you want to pay me by the hour for this operation, or just a flat fee?"

### HCJB

Radio station HCJB in Quito, Ecuador is a member of World Radio Missionary Fellowship. It is on-the-air almost 24 hours a day, 7 days a week and reaches from the jungles of Quito to Russian Siberia. This is done through 100,000 and 500,000 kilowatt transmitters. The larger transmitter was built here at Crown in the late 1970's then was taken apart and shipped to Quito in 2 containers plus the use of a semi-trailer and a flatbed trailer.

With one transmitter HCJB can broadcast in at least five different languages using various time slots and frequencies. Another transmitter will increase the number of languages which can be broadcast all over the world.

According to RALPH HORN, currently Manufacturing Coordinator for the transmitter project here at Crown, a replacement will be built for the 100,000 kw transmitter and at least one additional 500,000 kw transmitter will be built.



Ralph is one of a group of "HCJB Nomads". They coordinate, design, plan and "do"! He has served as a Hospital Administrator, the general superintendent of construction for a dam, Director of Quichua Language broadcasting, Purchasing Agent at HCJB Headquarters in Miami, Spanish Program Director for an FM station in Laredo, TX, involved in Research and Development for a station in Brownsville, TX and was Pastor of the Calvary Baptist Church in Forest City, Arkansas for two years.

Ralph's wife, Gwen, is teaching Spanish at the Baptist Christian school in Elkhart and will be handling administrative tasks for HCJB's Crown office. For the first time in years, they are within five hours driving time

of their four children and six grandchildren. Hopefully Indiana will provide Ralph with some good fishing, camping and golf.

\*\*\*\*\*



**MICHAEL AXMAN**, a graduate of Moody Radio Tech School, works with electronic circuitry and PC boards. He is currently working with Gerald Stanley part time for Crown on RF technology. Mike's wife, Faith, will also be helping with administrative tasks in their office.



**DAN ANDERSON** has been an electronic engineer in Quito and Miami for HCJB. He has done electronic design and construction and computers and ham radio are his hobbies. Dan and his wife, Barb, have two children, the youngest born this January.

#### RECIPE FOR A NEW YEAR

Mend a quarrel; dismiss a suspicion  
Write a love letter; share some treasure  
Give a soft answer; encourage youth  
Show your loyalty in word and deed  
Keep a promise; find the time  
Forgo a grudge; forgive a slight; listen  
Apologize even if you don't have to  
Try to understand  
Reduce your demands on others  
Think first of someone else  
Appreciate; be kind, be gentle



**ORBRA BLISS** and wife, Sally, were among the original team who built the first transmitter. He also is a graduate of Moody Radio Tech School and an electronic technician. Sally will be working the office computer. Computers and ham radio are Orbra's leisure time interests.

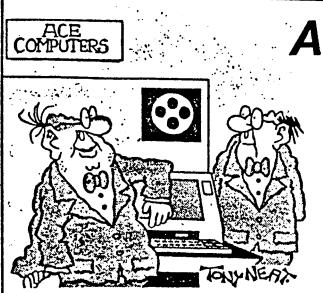


**DAVE PASECHENIK** is the Project Director and along with Ralph and Orbra, also an "original" project team member. He has been in Canada, on furlough, and had his Visa to enter the U.S. delayed. He has arrived in town and will soon begin his responsibilities for HCJB here. His wife, Barb, and three children (2 girls and a boy) will move here after spring semester.

A big "Welcome" is extended to the HCJB Project Team!

=====  
Laugh a little; laugh a little more  
Deserve a confidence; rise above envy  
Try compassion instead of malice  
Express your gratitude  
Gladden the heart of a child  
Remember you'll be old too one day  
Revere the wonder of the earth and life  
Speak your love; speak it again  
Speak it still again - Author Unknown  
=====

# LAUGH...OR GO CRAZY!



'And This Little System Is So Fast It Comes With Matching Disk Brakes!'

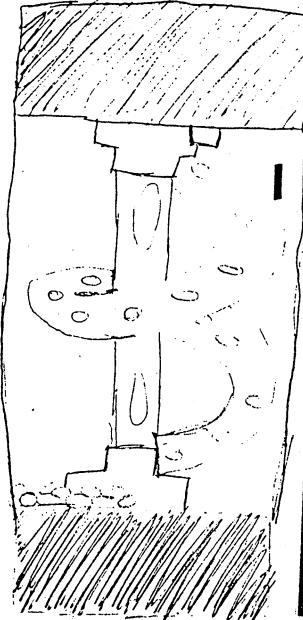
## SONG

Love that is hoarded, moulds at last  
Until we know some day  
The only thing we ever have  
Is what we give away.

And kindness that is never used  
But hidden all alone  
Will slowly harden till it is  
As hard as any stone.

It is the things we always hold  
That we will lose some day;  
The only things we ever keep  
Are what we give away.

Harold C. Sandall



M

Edward Hayes Illustration

1986

THE ONLY MAN WHO CAN  
CHANGE HIS MIND IS A MAN  
THAT'S GOT ONE.

## THINGS MEN CAN'T DO...

### GUESS WHOSE BULLETIN BD.!

1. P. GATES
2. D. MC LAUGHLIN
3. W. MURPHY
4. G. STANLEY
5. S. JENSEN
6. B. LAWRENCE
7. S. GINGERICH
8. G. MILLER
9. S. SELTENRIGHT
10. T. SATARIANO
11. J. BRYANT
12. L. PARIS
13. S. KURTZ
14. A. JOHNSTON
15. G. NEFF



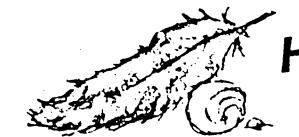
GET SICK GRACEFULLY.

D

I KNOW I'm C  
SOMEBODY---



'cause GOD don't  
make no JUNK!

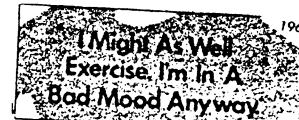


In the beginning—when  
God scattered stars into  
the sky—He planned treasures  
for us to discover—like  
love and life—and people  
like you.

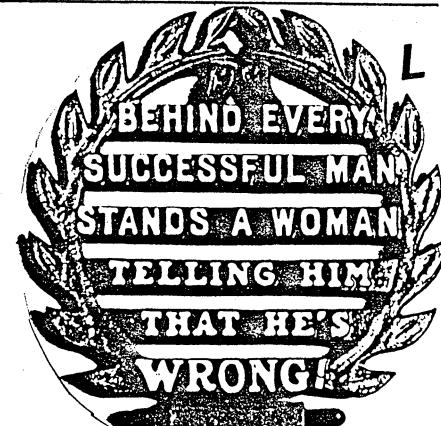


G

J



K



Mr. Soner thanks the fellas from maintenance for helping him express his feelings towards the latest efforts of the sales dept.

## love life

### PLEASANT DREAMS!

Have you ever been on the verge of sleep when suddenly you were jerked awake or had the experience of falling? Do you find that a glass of warm milk just before bedtime helps you sleep better than over-the-counter sleeping pills? Do you claim that you never dream?

Do you know what? You're just like most other people when it comes to sleep.

The jerk you feel is nothing more than a sudden burst of activity in the brain which sometimes takes place just on the threshold of sleep. It's called the myclonic jerk and most people experience it.

Doctors have found that Grandmother's old warm milk remedy actually does work. Certain elements in milk actually help you to fall asleep, better than most over-the-counter sleeping aids.

And everybody dreams. Four to six times a night depending on how long you sleep. There are five different sleep stages we pass through once every 110 minutes or so. During one of those stages, we all dream. Many of us, however, do not remember what we dream because unless we are awakened shortly after a dream or during one, we generally have no recollection of what took place.

So, it is nice to know you're normal, isn't it? Far better to be counting your lucky stars now than sheep at night. Millions of Americans do have trouble getting a good night's rest.

Americans spend more than \$25 million annually on over-the-counter sleeping aids which, at best, do nothing to help bring on sleep. Some sleeping aids actually keep you awake if used repeatedly. An additional 8.5 million Americans take prescription drugs in order to drift off into dreamland.

Everybody has trouble falling asleep once in awhile. Worry, excitement, stress, anticipation, emotions can cause you to spend a restless night or two tossing around on the mattress. It's only when that turns into a frequent and reoccurring problem that we face serious consequences.

Without sleep we often feel achy or sore. We aren't as alert as we should be and accidents are more likely to happen. We may suffer from a nagging headache, stumble around the day going through the motions of being awake. Whether you call it burning the midnight oil or burning the candle at both ends, it causes the same problem -- temporary burn-out.

Do it too often and you run the risk of accident or sickness. Your body needs that sleep time to rest and rejuvenate. During sleep your body temperature drops, your breathing and heartbeat slow down and your muscles relax.

Everybody needs to get some sleep every night. Some people do extremely well on six or even four hours a night, while others need a full nine hours before they

## continued...

are feeling fine. You know what your body needs. Pay attention to what it is telling you. Don't figure you can catch up on lost sleep over the weekend. It doesn't work that way. Lost sleep is gone. Sleeping 15 hours one day does not make up for two nights without sleep.

Too little sleep is just another way you've abused your body, pushed it further than it was supposed to be pushed. If you schedule enough sleep time each night but have trouble falling asleep, follow these suggestions. And remember, most doctors today will not prescribe sleeping pills unless there is a severe problem.

1. Put yourself on a regular schedule. Go to bed and get up each morning at the same time.
2. Get plenty of exercise during the day. If you do calisthetics, don't do them before you go to bed. They can act as a stimulant.
3. Don't eat heavy foods or a spicy meal late in the evening. You are just asking for trouble.
4. Don't drink coffee, tea or cola that have caffeine in them late in the evening. If you want a cup of tea, try an herbal variety. Better yet, have a glass of warm milk at bedtime.
5. Try to do something quiet like read a book or listen to soft music about an hour before you go to bed. Make sure your sleep environment is conducive to sleep. Loud colors, too much heat, or too much light can all hamper you from falling asleep.



**Love-Life.**  
is a publication service of

**ELKHART GENERAL HOSPITAL**



600 East Boulevard  
Elkhart, Indiana 46514  
219-294-2621

Copyright © 1982, Love-Life  
Love-Life is a registered trademark of AGMC

**BULLETIN BD. ANSWERS:**

1-I; 2-M; 3-G; 4-D; 5-C; 6-E; 7-H; 8-K;  
9-J; 10-O; 11-N; 12-A; 13-F; 14-B; 15-L

**Beverly Sills, opera singer:** "In order to be a good conversationalist, one should be a good listener, be really interested in what the other person has to say and be flexible in one's topics. And don't belabor a point. That about says it all."